

VEG SUMMER CAMPS	JULY 2023					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FNDAY	DAILY SCHEDULE
Week 1: Welcome to Camp	3 Centre Closed	Taste it Tuesday	5 Wacky Wednesday Hawaiian Day	6 Thrilling Thursday! Activity TBA	Bring a Towel & Swimsuit	7:30-8:45 Drop-off  8:45-9:30 Welcome & AM Snack, Get ready for Outside  9:30-11:30 OUTSIDE
Week 2: Building and Construction	10 Mindful Monday "Not a Box" By Antoinette Poris	Taste it Tuesday	12 Wacky Wednesday Pajama & Build a Fort Day	Thrilling Thursday!  Activity TBA	Bring a Towel & Swimsuit	Nature Walks, Playground, or Outdoor Games  11:30-1:00 Lunch, Free Time  M-TH  1:00-3:30
Week 3: Music and Movement	17 Mindful Monday "Playing from the Heart" By Peter H. Reynolds	Taste it Tuesday	Wacky Wednesday Glow Dance Party	Thrilling Thursday!  Activity TBA	Bring a Towel & Swimsuit	Camp Options STEM, Arts & Sports Friday Water Fun  3:30-4:30 PM Snack, Outdoor & Gym Time  4:30-5:25
Week 4: Make a Mess	24 Mindful Monday "Mud Purdle By Robert Muhsch	Taste it Tuesday	Wacky Wednesday Water Exploration	Thrilling Thursday!  Activity TBA	Bring a Towel & Swimsuit	Pick-up  Taste it Tuesday – We will be creating our own afternoon snacks  *Calendar Events are subject to change